

Who Is In My Network?

Everyone has a network, including you.

These personal and professional relationships can help you with your career, financial or personal lives. You are also a valuable resource to other people to help with their goals.

Identify who is currently in your network. Then, seek out current and new peers and hiring managers to be part of your *professional community*.

Directions:

- Write the names of the people you know who might have information or resources.
- List only people with whom you have direct contact or met in person.
- If you can think of more than three people, list them. If you can't think of three, leave it blank.

How You Know Them	Their Names
Family	Name 1: Name 2: Name 3:
Friends	Name 1: Name 2: Name 3:
Neighbors	Name 1: Name 2: Name 3:
Sports and/or Hobby Activities	Name 1: Name 2: Name 3:
Networking and/or Social Club Members	Name 1: Name 2: Name 3:
Community / Political Groups	Name 1: Name 2: Name 3:
Place of Worship	Name 1: Name 2: Name 3:

College / High School Alumni	Name 1: Name 2: Name 3:
Supervisors and Coworkers	Name 1: Name 2: Name 3:
Colleagues from other Departments / Companies	Name 1: Name 2: Name 3:
Previous Employers and Coworkers	Name 1: Name 2: Name 3:
Customers / Clients	Name 1: Name 2: Name 3:
Suppliers / Business Partnerships	Name 1: Name 2: Name 3:
Trade / Professional Organization Members	Name 1: Name 2: Name 3:
Contacts from Financial Institutions (bank, insurance, etc.)	Name 1: Name 2: Name 3:
Mentors and/or Coaches	Name 1: Name 2: Name 3:
Other Activities or Organizations	Name 1: Name 2: Name 3:

Contact DeniseMpls@gmail.com for help building your professional community.